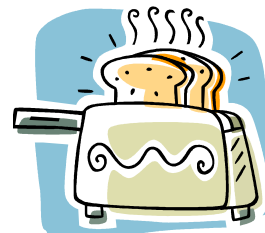


GARDERIE LA PETITE MAISON ROUGE



Menu Summer 2015



	Monday	Tuesday	Wednesday	Tuesday	Friday
Morning Snack	Cereal & cheese Milk	Chef's cake Milk/water	Croissant/waffle Milk	Cereal Milk	Carrot Cake Milk/Soya Milk
Week 1 May 5--9 June 2-06 Jun30-Jul.4 Jul28-Aug1 Aug 25-29 Sep 22-26	Scrambled eggs, tofu, and Garden veggies served with rice Eggs and Mixed Vegetables soup with rice. Tomato & broccoli salad	fish, tomatoes and green vegetables served with pasta Minestrone Soup Rainbow Salad	Mac & Cheese with peas, corn & beans Tomato and celery alphabet pasta soup Green leaves-salad	Beef, potatoes and green-veggie served with rice Sausage and vegetable rainbow soup Fruit Salad	Whole wheat tuna fish sandwich Tomato and celery alphabet pasta soup Roasted carrots salad with lemon and thyme
Week2 May12-16 Jun. 9--13 Jul. 07-11 Aug. 4--8 Sep. 1--5 Sep29-Oct3	Home style pasta with ranch dressing vegetables Chicken & mixed vegetables soup Lettuce & roasted chicken salad	Shrimps and season vegetable served with rice Sausage & tofu soup Season's leaf salad	Pasta with roast sausage and vegetables Mushroom cream soup Summer Garden Salad	Mac & Cheese with peas, corn & beans Pasta and vegetable soup cucumber and corn salad	Two-tone chicken and beef Sandwich chicken and veggie soup Summer garden salad
Week3 May19-23 Jun16--20 Jul 14--18 Aug11-15 Sep.08-12 Oct.6--10	Chicken and vegetable served with couscous Summer garden soup Chicken Fiesta Salad	Scrambled eggs, tofu and tomato served with rice Minestrone soup Chef's Salad	Mac & Cheese with peas, corn & beans Chicken and vegetable soup with rice Roasted Broccoli Salad	fish, tomatoes and green vegetables served with pasta Minestrone Soup Season fruit	Mini flat bread pizza Chicken, carrot, celery rice Soup Chef salad
Week4 May26-30 Jun.23--27 Jul.21--25 Aug.18-22 Sep.15--19 Oct.13--17	Scrambled eggs, tofu, and Garden veggies served with rice Carrots ABC soup Sweet summer salad	fish, tomatoes and green vegetables served with pasta Minestrone Soup Tomato & broccoli salad	Mac & Cheese with peas, corn & beans Chicken and veggie cream soup Rainbow Salad	Beef, tomatoes and green vegetables served with spaghetti Roasted Carrots with Lemon and Thyme salad	Hot dag Chicken & vegetables noodle soup Garden salad
Afternoon Snake	Yogurt, milk/ water	Melon, or Season Fruits, Milk /water	Apple , or Season Fruits, Milk /water	Cheese served with crackers Milk or soy milk	Ice cream / apple-sauce Water